

**Certificate of Appreciation awarded to GRIID for International Day of Yoga,**  
**21<sup>st</sup> June 2024**

Mr Ajay Chagti, Secretary Health IAS, awarded certificate of appreciation to GRIID for 10<sup>th</sup> International Day of Yoga (IDY) held on 21<sup>st</sup> June 2024 for commendable initiative to impart training of common yoga protocol and continuous efforts to make the yoga as part of daily life style in U.T. Chandigarh at Chandigarh Housing Board, sector-9, Chandigarh. Ms Manisha Sharma (yoga therapist cum nodal officer of IDY from GRIID) and Dr Parineeta Jindal, yoga therapist at GRIID received the certificate.

Director AYUSH of Chandigarh and yoga experts of various participating institutes/organisations were also present in the above program.

