

# स्पेशल ओलंपिक भारत, न्यूज लेटर में छपी तुषार की लाइफ स्टोरी

स्पेशल ओलंपिक भारत के द्वारा 2 जुलाई 2021 को प्रकाशित न्यूज लेटर में पॉटरी सेक्शन के छात्र तुषार की लाइफ स्टोरी प्रकाशित की गई। इसने ईएसपीएन वर्चुअल क्रिकेट कंपटीशन, चंडीगढ़ में हिस्सा लिया था। इसे वर्चुअल नेशनल क्रिकेट प्रतियोगिता, 2021 में सर्वश्रेष्ठ खिलाड़ी घोषित किया गया। विदित हो कि जन्म से ही तुषार के दिल में एक छिद्र है, इसके बावजूद इसने अपनी समर्पित भावना और अभ्यास में कभी कमी नहीं आने दी।



The plan was to call them to a common point for practises. The sports complex was closed due to the pandemic, but she managed to reach out to a Community Centre who allowed her to carry out the practises in the parking lot. The City admin graciously permitted her with a few leverages (and not all) on a condition to strictly comply with Covid protocols.

That was an achievement that she celebrated with the SO Bharat Chandigarh Area Director - Ms Neelu Sarin, the School authorities of GRID, her family and friends who teamed up with her to keep the Chandigarh Athletes very much on the map.

Needless to say, Sheetal is a Coach who is loved by her Athletes while the Athletes continue to keep her momentum going. Tushar Arora, 20 yrs, medalist in Athletics, undergoing handball training and passionate about Cricket, was excited to be part of this event. He is also a regular participant of the Sports training sessions that Sheetal takes online. As his mother Mrs Tarun Arora says, "Sports keeps him happy and shows him a direction. He has become independent as he doesn't like to miss a single Handball class. He drives down in his Activa (battery run two-wheeler)."

Sheetal recalls how Tushar confided in her when his Handball Coach, Manavpreet Singh Bawa, Coach with the Chandigarh Sports department, began training him with the mainstream players. Sheetal and Manavpreet then deliberated and re-modelled the training, including few more Special Athletes, making a module specifically for them.

Back to this event, Tushar engaged closely with his elder brother who helped him with the practises, keeping track of the counts and the specified distance. The impact of the event has been that Tushar, even today, practises all the four skills; he enjoys and feels confident as he does it.

Born with a hole in his heart, although the condition got treated, it left a learning disability that took his parents from one doctor to another and from one school to another, until they finally reached GRID. At GRID he also met his class teacher and anchor, Ms Maneesha Chopra. Tushar waits for events like this one, and feels happy with the spotlight on him. He has always been willing to lead and feels empowered through sporting activities.

While Tushar has a special place for Cricket in his heart, Nikin, who also played this competition quickly reaches out to Sheetal telling her that he is ready for the next event. Nikin participated in Saturday Melodies (a program highlighting the singing talent of the Special Athletes, conducted virtually) last year, and in between his Cricket practises asked Sheetal, "When is the next series of Melodies beginning?" Ready to roll, Sheetal, too, is geared for the next event which is a Virtual Badminton coming up.

*"I would first like to thank SO Bharat for taking the initiative to hold a Virtual Cricket Tournament. It sure was a marathon task but most of the States participated, as everyone has been a little low during this pandemic and this activity was a welcome change. Speaking of my state, it sure was a difficult task, as it had never been done before. One didn't understand the know-how. I give the credit to my coach Sheetal for her enthusiasm. She did a super job in getting a team together, something that is not easy in these trying times. She trained them all and did a fantastic job of it. Tushar and his team mates had a wonderful time and the parents helped them all along. I am very proud of my Athletes and my Coaches. Bless them all!"* - Ms Neelu Sarin, Area Director, SO Bharat- Chandigarh